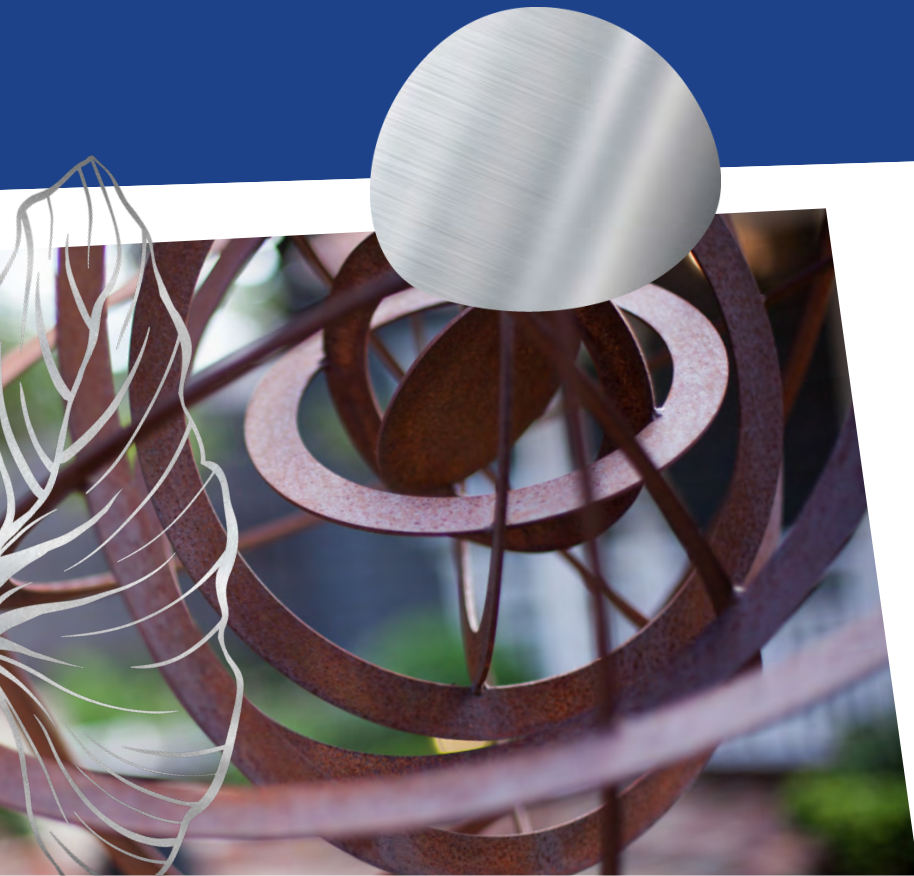




INSPIRING
LANDSCAPE
solutions



GARDENS
for life

The advice contained in this eBook and checklist is general and not specific in nature and it should not be used as a substitute for professional advice. You should consider if the information here is suitable for your needs. Before undertaking any works, the author recommends that you seek advice from a suitably qualified professional who can undertake a detailed assessment of your requirements and circumstances before providing advice suitable for your specific needs.

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Welcome

Thoughtfully designed and brimming with personal touches, a Garden for Life creates a deep sense of belonging while invoking a wealth of fond memories.

These personal touches are chosen to reflect the people who inhabit the space.

They serve to enhance your connection to your garden and create a warm and joyful experience.

READ ON TO FIND OUT MORE!



“

*"Show me your garden and I shall tell you
what you are."*

Alfred Austin

THE garden YOU ALWAYS WANTED!

A Garden for Life is my favourite type of garden to design because it's so highly personalised. It strikes an emotional chord and serves as a place of refuge or reflection, as well as a place to create many wonderful memories.

When creating a Garden for Life, it's always a great idea to think about what will nurture your own wellbeing. What elements would you love that will take you to your happy place?

These elements could be anything from textures and colours to plants and structures. Sometimes it's a connection to your childhood memories, culture, or travels that bring that meaning to your garden.

Take Vyanne's Garden for Life. For Vyanne, we drew on her connection to Japanese culture and her interpretation of tranquility for her inner courtyard, an important space that ties together all living spaces in her inner-city home.



Or there's my own Garden for Life. I needed a productive garden where I could not only aesthetically enjoy it but could harvest some produce.

My childhood garden was always a food forest of delights. I was born in the tropics so many elements, colours and textures I use in my garden remind me of where I grew up and also my cultural heritage.

This makes my garden my happy place and where I want to be. The perfect Garden for Life.



WHY

build

A GARDEN FOR LIFE?

- They're filled with meaning, no matter how large or small your space is.
- They're personalised to suit you and/or your family.
- They create an instant sense of joy and ease – they hit an emotional chord with you every time you go outside.
- They provide a sense of comfort and safety. It feels like this is YOUR space where you belong. This is your happy place.
- They are multifunctional and have bespoke elements that are personal to you.
- These elements can take the form of colours, plants, structures, and any other features you might want in your garden to bring you joy.
- There are elements in the garden that enable you to make fond memories of your own – be it the joy of your extended family gathering for a meal outdoors, your favourite flower blooming, or your kids playing chase in their personalised play area.

- Sometimes it's a connection to your childhood memories, culture, or travels that bring that meaning to your garden.
- You are involved in the garden all the way and take great joy in seeing it flourish and develop. You grow as it grows. You spend time in your garden willingly and tend to it as much as practically possible.



A FEW THINGS TO *keep* IN MIND

- Gardens for Life can be less structured and therefore relatively informal compared to a garden created mainly for aesthetics. They are not “display” gardens.
- There’s an art to designing them in a cohesive way. Each element that is important to you is carefully considered to make it all work together.
- They tend to cost more to create due to the higher investment in getting to know what makes a garden really tick for you and/or your loved ones. Some components that may be used to create the garden, such as sculptures or other garden features or ornaments, are bespoke and custom.
- They’re usually moderate to high-maintenance, which means you’ll either need the time and energy to tend to it regularly or the budget to hire out maintenance.
- As with all gardens, you need to consider how the design impacts on your pets (if any).



A GARDEN FOR LIFE IN *action*

In 2016, I worked on a project where a 4,000-square-metre formal garden needed some love and rejuvenation.

Tackling the hardscaping was the easy part; it was a simple case of pressure washing, regrouting, and sealing the sandstone.

Tackling the garden beds wasn't so simple. The garden basically was inherited so it didn't reflect Ying, the homeowner, at all. It wasn't practical for her needs and it didn't fill her with joy.

Ying wanted more colour and vigour injected into her garden. We trialled a few plants and discovered she liked succulents and particular colours that reminded her of her childhood. These plants were also easy for her to maintain between our maintenance visits.

Her enjoyment of her garden bloomed as the succulents multiplied throughout the backyard and other garden beds. Some even made their way inside her home!

She has been so inspired by these little beauties that she has been propagating them and sharing them with her friends.

This is what the idea of a Garden for Life is all about. The joy your garden brings can spread much further than just within the fences of your yard.

“

"I am very satisfied with the changes to my garden. The plant selection compliments the existing planting most are easy to care of. Especially the succulents on the both side of the path, they decorate the path so well with the choice of pebbles. My house looks as good as new. Anyway, I am very pleased with your all work! Thank you again."

Ying



HOW TO *achieve* YOUR OWN GARDEN FOR LIFE?

- Think about how you want to feel when you're in your garden.
- Consider favourite memories, colours, places, or people you want to be reminded of.
- Use decorative ornaments, artwork, water features, or flowers to inject colour and life into your outdoor dream!
- Remember to make it about you – what you want and what you need to make the space work for you.



- Your garden is an extension of your home. Connecting your home and garden creates harmony and flow between the spaces. Consider this from a practical and aesthetic perspective.
- Or just hire a professional garden designer to create it all for you. Even if you don't have the budget to outsource the entire job, an expert will be able to help provide a framework and design the garden for you to make the most of your time, budget, and effort!



A POWERFUL TOOL *garden consults*

If you find the plethora of ideas overwhelming, you are too busy to research or are still unsure of where to start, you can tap into a resource that helps in establishing a framework for you, a garden consult with a landscape designer.

I would be thrilled to discuss your garden project with you and work with you to design your perfect outdoor space. A garden consult with me can point you in the right direction, help you sift through your ideas and make them come together for a beautifully designed garden that works, and is perfect for you.

Here are a few testimonials for a taste of how we have delivered on past consultations:

“

"At our initial consult Parveen had come up with a number of ideas we hadn't thought of as well as take into consideration our own ideas, which was very important to us. We worked together to come up with an initial plan to maximise the potential of the courtyard far beyond anything we tried to come up with ourselves. Her knowledge on gardens and plants is extensive and this is demonstrated every time she speaks so passionately about the plans."

Steven Nicola

"I highly recommend Parveen for anyone seeking a landscaping design. Parveen asked a number of questions to ascertain what plants and other garden elements I liked and created a beautiful, detailed design that I can't wait to implement in my garden. Parveen was very prompt in all her emails and appeared to be as excited as planning a garden as I was. Thank you so much Parveen."

Katherine Scott

If you would like to find out more please go to inspiringlandscapes.com.au

Worksheet

WHAT YOU NEED IN YOUR GARDEN

Use this worksheet to list everything you want in your Garden For Life. Get as specific as possible - think about your favourite memories, colours, places, decorative ornaments and artwork, water features, or flowers to inject vigour and life into your outdoor dream!

INCLUSIONS	GET SPECIFIC Colours, shapes, textures, smells, material or plant type, area, memories, artwork, garden features	IMPORTANCE FROM 1-10 1 being a must have



Got stuck?

HERE ARE SOME HINTS:

- Favourite memories
- Person or people you love
- Colours that soothe or excite you
- Textures that interest you
- Fun elements
- Quirky garden features
- Something modern maybe
- Recyclables & upcycling
- Seasonal impacts
- Maintenance
- Do you have pets?
- Do you need to cater for young children or the elderly?

For more tips and hints visit
inspiringlandscapes.com.au
for more ideas!

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ABOUT THE *author*

Hi. I am Parveen Dhaliwal, the author of this eBook and owner of Inspiring Landscape Solutions.

To me, landscape design reflects each person (or family) and showcases their personality and what they love. Your garden is about you, so I listen to you, and together we create a garden that you love, something unique and suited to you.

Before getting into landscape design, I had studied accounting at university and was working in corporate accounting for 12 years. Although successful, I felt that something was amiss and in searching for answers, I rediscovered my childhood love of art and fell in love with gardening again.

From there I pursued my dream of wanting an active connection with the outdoors and completed my studies in landscape design. I continue to be passionate about plants, my clients and materials to style outdoors spaces.

In short, I love designing amazing spaces for busy professionals and families with the aim of making a difference in their lives, bringing them closer together and closer to nature!

If you have any questions about concepts covered in this eBook please feel free to email me on contact@inspiringlandscapes.com.au or call me on 0403 329 128.

Thanks for reading.

Parveen Dhaliwal

PARVEEN DHALIWAL
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Our passion your garden!

